



Berks Trail Challenge

May 1 to October 31



Reading Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.

TRAIL	DIFFICULTY	TERRAIN	DISTANCE	LOCATION	SYMBOL (write or draw)
Green Hills Preserve	Easy	Natural Pathways	2.8 Miles Out & Back Trail	553 Gunhart Road, Mohnton, PA 19540	
Union Canal Trail	Moderate	Crushed gravel stone trail, flat	4.5 miles Out & Back Trail	1102 Red Bridge Road, Reading, PA 19605	
Daniel Boone Homestead *gates open 9am-4pm	Easy	Maintained crushed stone trail	1.2 miles Loop Trail	400 Daniel Boone Road, Birdsboro, PA 19508	
Blue Marsh Tulpehocken Creek Loop	Moderate	Packed Earth Surface	2.2 miles Loop Trail	1230 Palisades Dr in Leesport 19533	
Wyomissing Creek Trail / Reading Public Museum Arboretum	Easy	Paved Surface	2.1 miles Loop Trail	1218 Parkside Drive S., Reading, PA 19611 <i>Start by the planetarium</i>	
Nolde Forrest Water Shed	Moderate	Natural Pathways and Bridges	2.2 miles Out & Back Trail	10 Sawmill Lane, Reading, PA 19607	
Your Park/Trail Name Here					
Your Park/Trail Name Here					

Please leave the trails better than you found them.

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HOW MANY TRAILS CAN YOU EXPLORE BY OCTOBER 31?

1. Register as an individual or a family at towerhealth.org/btc.
2. Plan a visit.
3. Record the unique symbol located at each trail.
4. Complete 4 out of the 8 trails to enter to win a level 1 prize. Complete all 6 trails and 2 trails of your choice to enter to win a level 2 prize!
Return your challenge card via email, fax, or mail.

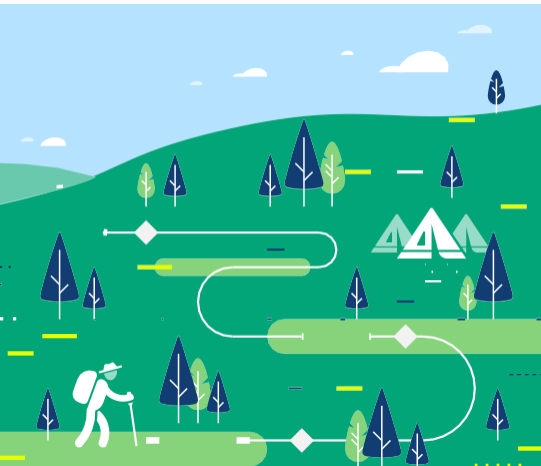
CONTACT INFORMATION

Name: _____

Age: _____

Address: _____

Email: _____



SUBMIT YOUR CHALLENGE CARD BY NOVEMBER 7.

- **Email:** CommunityWellness@towerhealth.org
- **Fax:** 484-628-5146
- **US Mail** (Must be postmarked by November 5):

Reading Hospital
Attn: Community Wellness - A2S
PO Box 16052
West Reading, PA 19612



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Please note: Incentives will not be distributed until after the completion of the challenge.